

COLLECTION OF NASAL DRIP SPECIMENS: TESTING FOR BETA 2 TRANSFERRIN

POLICY STATEMENT

Instructions for Collection of Nasal Drip for testing of Beta 2 Transferrin Protein

PROCEDURE

Collection Supplies:

Preferred: Sterile plastic transfer vial with screw top lid

Acceptable: Sterile cotton swab within vial

Order: Provider should place the order for left or right nasal drip. If both, two sets of supplies should be utilized.

[Collection Instructions at Outpatient Lab](#)

Place sterile container close to the opening of the nare to allow nasal drip to flow into the collection vial.

If there is not enough quantity of nasal drip, utilize the sterile cotton swab to allow the nasal drip to flow onto the cotton swab. Place inside the vial and break the wooden stick short so the screw top lid can seal the specimen.

Label the sample with patient name, DOB, date/time of collection and “left” or “right”.

Send specimen STAT to the lab to FREEZE.

NOTE: *If unable to obtain in lab area, patient can take collection kit home and obtain nasal drips throughout the day making sure to FREEZE the sample vial in between drips.*

[Collection Instruction at Home](#)

Freeze the ice pack from the kit.

Place sterile container close to the opening of the nare to allow nasal drip to flow into the collection vial. FREEZE the sample vial in between drips.

Label the sample with name, DOB, Date/Time of collection and “left” or “right”.

If there is not enough quantity of nasal drip, utilize the sterile cotton swab to allow the nasal drip to flow onto the cotton swab. Place swab inside the vial and break the wooden stick short so the screw top lid can seal the specimen. FREEZE the sample vial and deliver sample to the lab FROZEN (use ice pack provided for transit).

These specimens should be frozen immediately following collection and kept frozen until testing is performed. Send specimen STAT to the lab to FREEZE.