

Patient Instructions for Stool Collection

IMPORTANT: PLEASE READ AND FOLLOW ALL DIRECTIONS.

CAUTION: SOLUTIONS ARE POISONOUS. DO NOT DRINK.

WARNING: KEEP SPECIMEN CONTAINERS OUT OF REACH OF CHILDREN.

Please do:	Please avoid:
Pass and collect the specimen in the provided collection container or hat.	Urinating on the specimen or in the container.
Transfer the specimen using the wooden stick or spoons attached to the specimen container lids.	Urinating in the tubes.
	Placing the specimen directly into the tube.
	Placing the specimen into the toilet.

The kit that you have received will help you conveniently collect a stool specimen; it includes a 'hat' (that collects the stool), stick, container, gloves, biohazard bag and a paper bag. Follow along with the directions to help you use the kit. This will help prevent contamination of the specimen, which benefits the patient and prevents repeat testing.

Step 1. Place the 'hat' on the toilet. Pass and collect the specimen in the provided collection container or 'hat'.

Step 2. When you are finished collecting the specimen, use the small spoon attached to the specimen container lids or the wooden stick to place small scoops of stool from areas that appear bloody, contain mucus or are watery into the specimen containers. If the stool is hard, please try to sample small amounts from each end and from the middle.

- For containers with fluid, remove the cap and fill the container until the contents rise to the fill line. Mix the contents of the tube with the spoon, then twist the cap tightly closed and shake vigorously until the contents are mixed well.
- For containers without fluid, fill the container about one inch from the top. Do not mix this specimen.

Step 3. Check all specimen containers to ensure the lids are tightly closed and that the specimen is in each container.

Step 4. Make sure the containers are marked with the patient's full name, date of birth, and date and time of the specimen collection. Place the specimen in the biohazard bag and return to your laboratory.

Step 5. Wash your hands thoroughly. If any liquid from the tubes gets on your skin or in your eyes, flush with plenty of cold or warm running water. If irritation develops, consult a physician.



stool collection kit



collection container or 'hat'



specimen containers



WARNING IF SWALLOWED: Dilute by drinking two to four glasses of water. Immediately call Poison Control at 1-800-222-1222 or go to your nearest emergency department to receive medical attention. Save the original testing vial. The label information will be helpful for determining the appropriate medical treatment.